

FREE ADHD Parent Support Group

2nd Tuesday of the month at 6:30 pm

All families struggling with challenging behavior are welcome!

Does this sound familiar?

"The teacher complains that he blurts out answers instead of waiting to be called on."

"She says things like 'I'm stupid' all the time. I worry that being in trouble every minute is destroying her confidence."

"It seems like all I do anymore is yell."

The ADHD mind is inventive, energetic, and incredibly persistent. When channeled appropriately and activated to learn, the results can be amazing. Find out how to take advantage of your child's unique ADHD wiring to transform trouble into triumph.

You will:

- Relax and find out you are NOT ALONE
- Learn what others have found that works
- Learn more about what to expect
- Feel warmly supported

Professionally facilitated by: Karen DeBolt, MA.
Parent Coach & Family Therapist
5234 NE Farmcrest St.
Hillsboro, OR. 97124

For more information contact Karen 503-459-2073 or kade@ADHDAdvantage.com

See you there!